

## UNDERSTANDING YOUR PARTICIPANTS

REFLECTIVE ACTION BASED ACTIVITY

Name

Email



# SECTION 1 - FACILITATING GLOBAL AND SPECIFIC LEARNERS

	Specific	Global
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How do you recognize them?		
What do they need?		
1 thing to AVOID		
What can you do to accommodate them during your communications and training?		

Personal Preference Breaker	Specific	Global <del>P</del>
What is my own preference?		



### **SECTION 2 - MODALITIES**

There are three types of learning styles based on sensory intake of information.	Visual	Auditory	Kinesthetic
WHAT DO THEY	SEE?	HEAR?	DO?

#### **Activity: Preference Promises**

"I promise to make sure that I am not biased towards my own preferences and that I am able to accommodate participants with other V A K preferences by"	

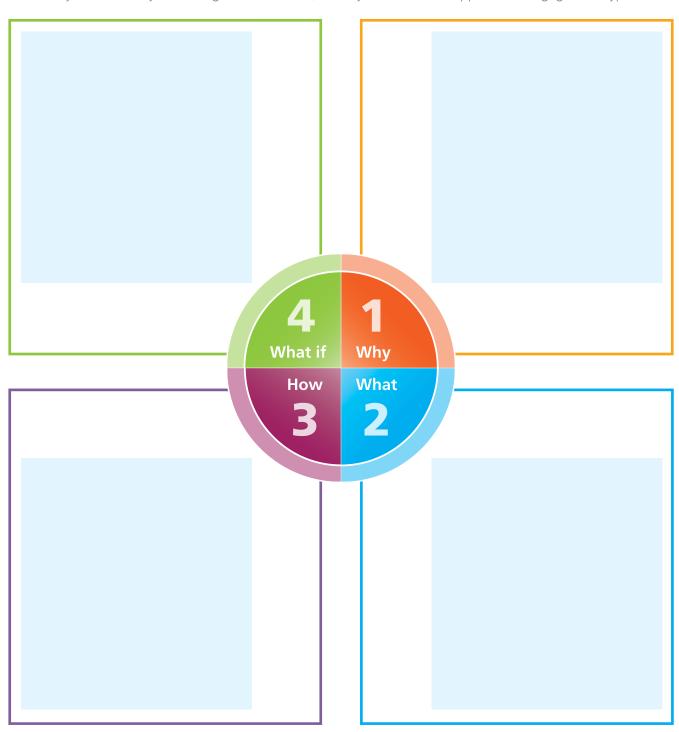
Activity: Facilitating for V A K	Visual	Auditory	Kinesthetic
What do they need?			
1 thing to AVOID			
What can you do to accommodate them during your communications and training?			

What are 2 things I can try to engage a participant with the opposite preference to me?

1	2

## SECTION 3 - 4MAT — HOW TO ENGAGE EACH TYPE?

What can you include in your training communication, delivery and facilitation approach to engage each type?



### **SECTION 4 - ACTION SUMMARY**

#### **Top Strategies**

List your top three strategies to engage or accommodate participants with different learning preferences

1	
2	
3	







What are 2 things I should avoid doing when working with a participants with the opposite preference to me?

1	2

